Staying Safe Online

Additional Resources

Further reading, videos and support services, organised into ten topics. Language of each resource: **EN** English · **FR** French · **AR** Arabic.

1 Parenting in a digital world

Evidence-based guidance for parents and caregivers on supporting children online.

Parenting for a Digital Future (blog) EN

London School of Economics blog on parenting, technology and children's digital lives.

blogs.lse.ac.uk/parenting4digitalfuture/

Parenting for a Digital Future — 10-minute talk EN · Video

Prof. Sonia Livingstone (2020) on screen-time myths, with evidence-based tips.

youtube.com/watch?v=K3EygIB2gH8

Parenting for a Digital Future: How Hopes and Fears About Technology Shape Children's Lives EN · Video

Connected Learning Alliance and LSE Department of Media and Communications (2020).

youtube.com/watch?v=3yuN1j1Dd_o

Parenting for a Digital Future (book) EN · Book

Livingstone, S. & Blum-Ross, A. (2020). Oxford University Press.

blogs.lse.ac.uk/parenting4digitalfuture/2020/08/19/book/

Digital Resilience Toolkit: What type of parent are you? EN

Internet Matters on how parenting styles affect a child's digital resilience.

internetmatters.org/resources/digital-resilience-toolkit/digital-re...

Parents' Ultimate Guides EN

Common Sense Media guides to popular apps and online games.

commonsensemedia.org/parents-ultimate-guides

2 Digital resilience and staying safe online

Practical tools to protect privacy and personal data and build online safety skills.

Digital Resilience Toolkit EN

Childnet resources to help young people bounce back from negative online experiences.

childnet.com/resources/digital-resilience

eSafety Kids EN

eSafety Commissioner, Australian Government: advice and games for children.

esafety.gov.au/kids

7 ways to protect yourself from cybercrime AR · Video

Arabic video: ٧ طرق لحمايتك من الجرائم الإلكترونية

youtube.com/watch?v=59cvRxQmN4A

How to protect your privacy online AR · Video

Arabic video: كيفية حماية خصوصيتك على الإنترنت

youtube.com/watch?v=4Bznd2PLvbk

3 Cyberbullying

Understanding, preventing and responding to cyberbullying.

Bullying Prevention Hub EN
Facebook (Meta) resources for teens, parents and educators.
facebook.com/safety/bullying

Cyberbullying Research Center EN
Research, fact sheets and prevention resources on cyberbullying.
cyberbullying.org/

Most Popular Social Media Apps EN
Cyberbullying Research Center guide to the apps young people use most.
cyberbullying.org/most-popular-social-media-apps

Cyber-harcèlement : on peut s'en sortir ! FR · Video
#DeleteCyberbullying campaign, COFACE Families Europe.
youtube.com/watch?v=jSXfhP8xbs0

Video on cyberbullying Video
Title and language to confirm
youtube.com/watch?v=uky1IEc3gxs

4 Grooming (online sexual solicitation)

How adults build trust with children online to exploit them, and how to recognise it.

Grooming : « Et vous ? Vous auriez dit oui ? » FR · Video
Police cantonale de Fribourg (Switzerland).
youtube.com/watch?v=ISmVbhFE6YY

Short video on grooming Video
Title and language to confirm
youtube.com/shorts/4i5dOgA5hns

5 Sextortion

Recognising and responding to online sexual coercion and extortion.

Say No! A campaign against online sexual coercion and extortion of children FR · Video
Europol awareness campaign (French version).
youtube.com/watch?v=KnG8CFyKIAg

Le chantage à la vidéo intime : menace pour nos adolescents FR · Video
Sud Radio interview with Samuel Comblez, e-Enfance.
youtube.com/watch?v=oZq3CbDeCxE

Sextorsion FR · Video
Royal Canadian Mounted Police: animated video with steps to take if it happens to you.
youtube.com/watch?v=lXimVTu7CnI

How to protect yourself and your family from online blackmail AR · Video
Motion-graphics awareness video (Arabic).
youtube.com/watch?v=JV4rjpjeKOU

6 Child sexual abuse and exploitation

Understanding child sexual abuse material (CSAM) and sexual exploitation, and how to prevent them.

What Is Child Sexual Abuse and How We Can Prevent It (Arabic) AR · Video
International Catholic Migration Commission: animated video on recognising signs of abuse.
youtube.com/watch?v=yOa14owlR4Q

Prostitution des mineurs : kit vidéo de sensibilisation pour les pros FR · Playlist
Association CVM: six videos on the sexual exploitation of minors, for professionals.
youtube.com/playlist?list=PLb2WuW_IXocmJJsMvLdqPATJwc3RGWhHc

For professionals working with children FR
Council of Europe resources on protecting children from sexual exploitation.
coe.int/fr/web/children/for-professionals-working-with-children

Video on sexual exploitation Video
Title and language to confirm
youtube.com/watch?v=bm74YwJY57E

7 Deepfakes and artificial intelligence

How AI-generated content is created, misused and spotted.

Deepfakes pornographiques de collégiennes : nouvelle forme de violence en ligne FR · Article
RTL explainer on deepfakes targeting girls and women.
rtl.fr/actu/sciences-tech/deepfakes-pornographiques-de-collegiennes…

Which Face Is Real? EN · Interactive
A game that tests whether you can tell real faces from AI-generated ones.
whichfaceisreal.com/index.php

Deep fake : définition et fonctionnement FR · Article
Journal du Net guide to artificial intelligence.
journaldunet.com/intelligence-artificielle/guide-de-l-intelligence-…

De plus en plus d'images pédopornographiques générées par IA sur le web FR · Article
BFMTV on the rise of AI-generated child sexual abuse material.
bfmtv.com/tech/intelligence-artificielle/nos-pires-cauchemars-sur-l…

8 Reporting harmful content

Independent portals to report child sexual abuse material and request its removal.

Internet Watch Foundation (IWF) — Tunisia reporting portal EN / FR / AR
Anonymous reporting of child sexual abuse material found online.
report.iwf.org.uk/tn

INHOPE — International Association of Internet Hotlines EN
Global network of hotlines for reporting child sexual abuse material.
inhope.org/EN

9 Campaigns and resources from Tunisia

Awareness campaigns by UN agencies and partners in Tunisia.

Ensemble pour mettre fin à la violence en ligne à l'égard des enfants FR
UNICEF Tunisia.
unicef.org/tunisia/recits/ensemble-pour-mettre-fin-%C3%A0-la-violen…

Il grandira, mais il n'oubliera pas FR

UNICEF Tunisia.

unicef.org/tunisia/il-grandira-mais-il-noubliera-pas

AmenTech youth digital campaign (top-ranked video) Video

UN Women, in collaboration with the Scouts.

youtube.com/shorts/-Ip7h2xovEo

Binetna Reels (Facebook) AR / FR

UN Women.

facebook.com/binetna.com.tn/reels/

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10 Child protection and psychosocial support in Tunisia

Organisations offering prevention, shelter, psychosocial support and response services.

> **In an emergency, call 192 (child protection) or 1809 (listening and support line).**

Organisation	Focus	Phone	Email / website
192 — Child protection delegates	National line to report children at risk or harmed	192	
1809	Listening, psychological support and guidance for children and families	1809	
SAWN	Child-focused prevention, also working with parents	98 971 222	Association.sawn@gmail.com
BEITY	Shelter; domestic and gender-based violence	71 397 781	beity-tunisie.org
TAMSS	*Focus to confirm*	71 344 885	
AMAL	Shelter for women and children; psychosocial support	71 372 286	
Horizon d'Enfance	Urban focus, including street outreach	52 335 464	
Association des droits de l'enfant (ATDDE)	Prevention and response services for all	98 278 314	
Interlinks	Psychosocial support for all	71 161 905	
Mawjoudin	Support for LGBTI+ people	53 679 124	mawjoudin.tn@gmail.com mawjoudin.org
Tunisian Association of Democratic Women (ATFD)	Women's rights and support for women facing violence	71 321 339	escr-net.org